THE NEW CIDER MAKER'S HANDBOOK

Overview of

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- PART I The Basics of Cider Making
- PART II Growing Apples for Cider
- PART III Juice extraction
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- Appendices: Units and measures Companion Materials

INTRODUCTION

• Why write a book?

• The Cider Maker's Mantras

The Cider Maker's Mantras

- Seek Quality Cider.
- Good Cider Needs Great Apples.
- The Cider Makes Itself.
- Good Cider Needs Time; Cider Makers Need Patience.
- The KISS Principle.
- Clean Before Storing; Sanitize Before Using.
- Plan Ahead and Remember what you did.

PART I The Basics of Cider Making

The first part is written for the novice cider maker. It presents basic cider making practices which are important to master before starting to do new or more complex things.

CHAPTERS:1. Material and Supplies2. The Raw Material: Apple Juice3. Cider Preparation

PART II Growing Apples for Cider

Part II is on obtaining the best possible apples for preparing the cider through adequate cultural practices and varietal selection. As you will see, I believe the quality of the apples to be a most important factor in obtaining a superior cider.

CHAPTERS:4. The Cider Orchard5. The Varietal Selection

Growing Apples for Cider

Whoever thinks that "any apple is good enough for cider" had better not engage in the business. He probably would not know a good article of cider if by any accident he should ever taste one. This book is designed to guide those who intend and desire to make the best, and are to be satisfied with nothing less.

J.M. Trowbridge

The Cider Maker's Handbook, 1917

Cortland apples - commercially and home grown



Extensive orchard: old standard trees



Cider-bush orchard: Steve Wood's Poverty Lane



Chapter 5 VARIETAL SELECTION

- Cider-apple classification.
 - England / France / Spain / N. America
- Recommended varieties by region (N. America)
 - Quebec / New England / Rocky Mountains / Maritimes / PNW / Mid-Atlantic / Great Lakes
- Directory of apple varieties for North America.
 - Over 60 varieties of cider-appropriate apples and pears described.



PART III Juice Extraction

Part III covers the extraction of the juice from the apples. It includes guiding for a cider maker who wishes to buy the required equipment, as well as for the one who wishes to build his own mill and press.

CHAPTERS:6. Apple Mills7. Apple Presses

Traditional American double-tub apple press



Mill design



Wheel crusher

Centrifugal

Modern mills





Press design

Central screw, rack & cloth

acquemin & Alliot, 1902

Central screw, basket Steel frame, rack & cloth, hydraulic jack

> Wood frame, basket, screw

Special presses



Twin screw press, Jersey Island

Water press



PART IV The Apple Juice or Must

Part IV is on the apple juice and how its properties may be infuential in the cider that will be obtained from it.

CHAPTERS:

- 8. The Sugars
- 9. The Acids
- 10. The Tannins or Phenolic Substances
- 11. The Nitrogenous Substances
- 12. The Pectic Substances

Chapter 8 THE SUGARS

• Measurement and evaluation.

- g/L, SG, Brix, potential alcohol, volumic mass

- Hydrometer accuracy and calibration
- Relation between SG and true sugar content.

TABLE 8.1:

Classification of apples according to their richness in sugar

| SUGAR CONTENT | SPECIFIC GRAVITY | REMARKS |
|---------------|------------------|--|
| Low | 1.045 and less | Summer apples and cooking apples; not recommended for cider unless they have other desirable qualities |
| Medium | 1.045–1.060 | Good |
| High | 1.060-1.070 | Ideal for cider |
| Very high | over 1.070 | Exceptional; crabapples sometimes have such high sugar content |

SG measurement: 1.017

20

The original Dujardin-Salleron sugar table (early 1900's)

| Densités 2, 19 Poids en grammes d'au fitro de moit. | Granucca do sucro pur lifre da mobl | liegră aircolique probable du cidre fait luires d'aiccel pur par hectolite | Densilés a 15* Poids en grammes d'an litre de meût | Oranimes de suere par litre do molt | llagté alcostigue probable du cidra talt Litres d'ale o por pur hectolitre | Bonsilés à 15 Poids en grammis d un lites de moùl | Grammes de sucre par lutre du moût | Dagré sispologue probable du eidre fait f.itres tisicol pur par heece itre |
|--|---|--|--|--|---|---|---|--|
| 1001 1002 1003 1004 1005 1007 1008 1007 1008 1007 1008 1007 1008 1007 1008 1007 1008 1007 1008 1007 1008 1008 | 0247 10246 122246 2246 2246 2246 2246 2246 2246 | $\begin{array}{c} 0.01\\ 0.12\\ 0.24\\ 0.60\\ 0.73\\ 0.87\\ 0.99\\ 1.26\\ 1.36\\ 1.76\\ 1.957\\ 2.247\\ 2.268\\ 2.258\\ 2.2345\\ 3.345\\ 3.61\\ 3.89\\ 4.11\\ 4.22\\ 1.22\\ 1.22\\ 1.23$ | 1035 1036 1037 1038 1039 1040 1041 1042 1043 10443 10551 20553 105577 10557 10557 10557 105577 105577 10577 10577 10577 10577 | 777788888899990847988799146661333379919111111122266133337991355855 | 444444455555556666666666677777778888888888 | 1069 10071234 10077234 10077234 100778 1000778 100778 100778 100778 100778 100778 100778 100778 100778 100778 100078 100078 100078 100078 100078 100078 100078 100078 100078 100078 100089 100089 100999 100998 100998 1009998 100988 100998 100998 100988 100088 100088 10000000000 | 14915555555 14915555555 1557955 166680 17777778024655 1995668 199555 199568 199555555 199555555 199555555 19955555555 | $\begin{array}{r} 8.94\\ 9.95\\ 100\\ 100\\ 100\\ 100\\ 100\\ 100\\ 100\\ 10$ |



Figure 8.5. Graph of the sugar concentration as a function of the density for apple juice.

Chapter 9 THE ACIDS

- Measurement and evaluation
 - TA: Titratable or Total acidity taste, freshness.
 - pH: Potential hydrogen biochemistry.
- Relation between TA and pH.

TABLE 9.1: Apple classification according to their acidity

| Асірітү | TA (g/L as malic acid) | Туре | | |
|----------------|---------------------------|---------------------------|--|--|
| Low | less than 4.5 | Sweet apples | | |
| Medium | 4.5 to 7.5 | Balanced: ideal for cider | | |
| High 7.5 to 11 | | Many table apples | | |
| Very high | more than 11 | Cooking apples, crabs | | |

Acidity testing kit (TA)





Chapter 10 THE TANNINS

- Phenolic substances:
 - Astringency: sensation of dryness in the mouth.
 - Bitterness: like what hops do to beer...
- Evaluated by our taste buds...
 - low: less than 1.5 g/L tannic acid
 - medium: 1.5 to 2.5 g/L
 - high: over 2.5 g/L
- Important for the style of cider.
 - Most North American apples and ciders are low in tannins.

Chapter 11 NITROGEN

- Natural yeast nutrient.
- Concentration depends on variety and cultural practices.

Chapter 12 PECTIN

- May cause hazes in cider.
- Pectic enzyme treatments.

PART V Fermentation and Beyond

Part V is on cider making itself, the process of fermentation and transformation of the juice into cider.

CHAPTERS:

- 13. Blending
- 14. The Fermentation Process
- 15. Cider Diversity
- 16. Cider Troubles and how to Avoid Them

Chapter 13 BLENDING

- <u>Sugar</u> as high as possible. Min SG 1.045 (11 Brix). May be as high as SG 1.065 (16 Brix).
- <u>Acidity</u> normal range of TA between 4.5 and 7.5 g/L as malic acid.
- <u>**Tannins</u>** according to your personal taste and style of cider.</u>

Blending for sugar and acidity



Chapter 14 FERMENTATION PROCESS

- Sulfite (SO₂).
 - How it works / dosage / usefulness
- Yeast and yeast nutrients.
 - Yeast strategies / wild vs cultured / nutrients
- Monitoring and control of the fermentation.
 FSU / racking / plots
- Malolactic fermentation.
- The alcohol.
 - How much is produced / measurement

Fermentation graph



Chapter 15 CIDER DIVERSITY

- Sweetness: dry / medium / sweet.
 - Keeving and other methods to retain residual sweetness.
- Bubbles: still / perlant / petillant / sparkling.
 - Prise de mousse / bottle conditioning / sugar dosage / CO₂ tank and forced carbonation.
 - Bottling procedures.
- Ice cider.
 - Methods for obtaining the concentrated juice.
 - Fermentation and stabilization.

Keeving for a naturally sweet cider





Ice cider - partially thawed apples, ready to press





Figure 15.16. Fermentation graph of 2009 ice cider.

Chapter 16 CIDER TROUBLES (AND HOW TO AVOID THEM...)

- Film yeast or Flower sickness.
- Acetification volatile acidity.
- Microbiological faults.
- Hazes, clearing problems.
 Thining / filtering / patience...
- Sulfur and rotten-egg taints.



Actively fermenting cider

Cleared cider

APPENDICES

Appendix 1 Units and Measures Liters, Gallons, Kg, lb., spoons, cups, concentrations in g/L and ppm, bushels, bins, tons...

Appendix 2Companion MaterialsExcel spreadsheets for hydrometer, blending,
monitoring or modeling a fermentation...

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A Comprehensive Guide for Craft Producers III



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CREDITS

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See the author's website:

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to download this presentation, and for more on fruit and cider.

Meet the author on an Internet discussion forum: Cider Digest Cider Workshop GOA Network